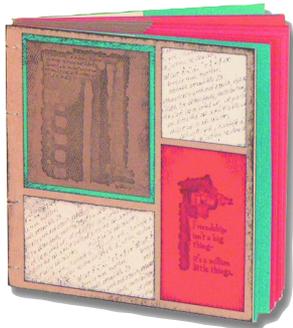




# Chain Stitch Book Project

By Tricia Morris of CS®

## Chain Stitch Book Project



We'll have you in stitches as you assemble this fun handmade Chain Stitch Book Project! Pop in your DVD and join Tricia as she explains the whole process while creating a version of the book using the Paisley paper collection. Print the Design Guide included on the DVD or use the following instructions:

## Supplies

Bookbinding Needle; 2 Yards Waxed Linen Thread; Ruler; Bone Folder  
Corkboard & Paper Piercing Tool (or Push Pin & Mouse Pad)

### Cover Papers:

(2) 6x6 Matte Board; (1) 3 $\frac{1}{4}$ x2 Color A;  
(1) 2x2 Color A; (1) 3 $\frac{1}{4}$ x3 $\frac{1}{2}$  Color B;  
(1) 3x3 $\frac{1}{4}$  Color C; (1) 2x3 $\frac{1}{2}$  Color D

### Inside Pages:

(2) 6x6 Color A; (2) 6x12 Color B;  
(6) 6x6 Color C;  
(6) 6x12 Color D

**Tip:** Assign a letter to each color, according to the measurements above, and use a pencil to mark the cover papers and inside pages.

## Preparing the Covers

Position the ruler  $\frac{1}{2}$ " in from the left edge of a 6x6 matte board cover. Place on corkboard and pierce holes at  $\frac{1}{2}$ ", 2", 4", and 5 $\frac{1}{2}$ ". Repeat for second matte board cover.



## Preparing the Inside Pages

### Step One

Fold all 6x12 papers exactly in half with the texture on the inside of the fold. Reinforce all creases with the bone folder.



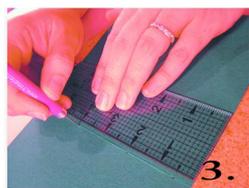
### Step Two

Fold all 6x6 papers exactly in half, texture inside, with the grain. (The paper folds more easily in one direction . . . test it prior to folding.)



### Step Three

Place the folded 6x12 paper onto the corkboard, ensuring that the fold of the paper is completely on top of the cork. Lay the ruler parallel to the fold. Measure and pierce holes directly into the fold at  $\frac{1}{2}$ ", 2", 4", and  $5\frac{1}{2}$ " with the paper piercing tool. Use the pierced holes of the paper as a pattern to transfer those same holes onto the fold line of the remaining 6x12 papers. To do this, nest the papers together, being very careful to align the folds top to bottom and edge to edge. Pierce through the pattern, and into the paper below, ensuring that your new pierced holes are transferring right onto the fold line. This is the first step to creating a beautiful book! Pierce the same pierced holes into the folds of the 6x6 papers by nesting and piercing, as in Step Four.



### Step Four

Create a "signature" (a set of pages that are stitched together into a book) by nesting a 6x6 *Color A* into a 6x12 *Color B*, then fold closed; repeat to create a second A/B signature. Create remaining six signatures by nesting a 6x6 *Color C* into a 6x12 *Color D*. There will be a total of eight signatures.



### Step Five

Stack the signatures together, lining up the pre-pierced holes (as shown) with *Color B* signatures on the outside of the book.



## Stitching the Book

### Step One

Thread waxed linen onto needle. Take the first signature of *Color A/B* pages and sew down into the top hole (as shown), going through both papers to the outside of the fold.



## Step Two

Bring the needle through the top hole of the Matte Board Cover from the inside to the outside, then back into the top hole of the signature. The needle will be back where you started. Tie off the end of the thread inside the signature. Stitch down into the next hole (at 2" mark) and sew into the corresponding hole of the Matte Board Cover and back into the signature as you did for the first hole. Continue process down the rest of the signature.



## Step Three

At the last stitch, don't sew back into the first signature.

Instead, stack a *Color C/D* signature next to your sewn signature. Bring the needle down into the closest hole of the second signature, stitching through both pages.



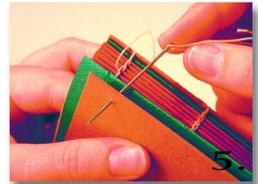
## Step Four

Sew up through the next hole (at 2" mark) bringing it to the outside. To attach signatures, loop the needle under and around the adjacent stitch in the first signature. Then sew back down into the same hole in the current signature. This will begin to create a "chain stitch" effect on the book spine. Repeat this process up the rest of the signature, keeping in mind that the last stitch must connect to the next signature. When you reach the last hole of the signature, rather than entering back into the signature, sew down into the nearest hole of the *new* signature. Repeat steps with remaining five *Color C/D* signatures. Only one *Color A/B* signature will still need to be attached.



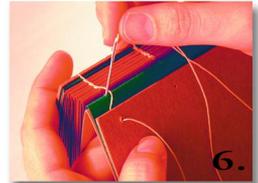
## Step Five

The last signature must connect to the front cover as well as to the previous stitches. After you have sewn under the previous stitch as before, sew through the cover from the inside to the outside.



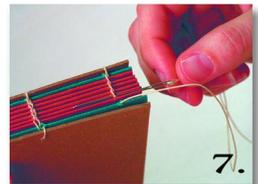
## Step Six

Sew down into the last signature, placing the needle so that the thread crosses as shown.



## Step Seven

Continue stitching the signature by repeating the process of bringing the needle out of the hole, under the stitch in the previous signature, through the cover, and back into the hole of the current signature.



## Step Eight

Tie off the last stitch inside the signature. (Slide the needle under the long stitch inside the fold to create a loop, and drop the needle through the loop; pull tight and repeat.



## Decorating the Covers

### Step One

Arrange the pre-cut decorative cover pieces as shown. Layer *Color C* onto the *Color B*, place *Color D* into the lower right corner, and fit the remaining *Color A* pieces at the upper right and lower left corners.



### Step Two

Embellish the cover pieces as desired.

### Step Three

Attach the pieces to the book cover with your favorite adhesive.

